

**GOVERNMENT OF INDIA
MINISTRY OF HOME AFFAIRS
RAJYA SABHA
QUESTION NO 2303
ANSWERED ON 22.03.2017**

Suicide cases of paramilitary forces in J AND K

2303 Shri Shamsheer Singh Manhas

Will the Minister of HOME AFFAIRS be pleased to state :-

- (a) the total number of suicide cases in Jammu and Kashmir by Central paramilitary forces during last three years;
- (b) the reasons identified for such suicide cases; and
- (c) the steps initiated to stop/reduce such suicide incidents?

ANSWER

MINISTER OF STATE IN THE MINISTRY OF HOME AFFAIRS
(SHRI KIREN RIJJU)

(a): During the last three years, 37 cases of suicide by Central Armed Police Forces (CAPFs) personnel in Jammu & Kashmir, have been reported.

(b): The reasons identified for such suicide cases are generally personal and domestic problems like marital discord, personal enmity, mental illness, depression and work related issues.

(c): The steps taken by Government to stop/reduce such incidents and to boost their morale are :-

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- (i) Providing better medical facilities, organizing talks with specialists to address their personal and psychological concerns and organizing Meditation and Yoga for better stress management.
- (ii) Regular interaction, both formal and informal, among Commanders, officers and troops to find out and address their problems.
- (iii) Stress Management Capsule Courses are being conducted regularly for the troops to make them understand, how to handle stress.
- (iv) Grant of leave to the force personnel to attend to their urgent domestic issues and social commitments.
- (v) Ensure adequate rest and relief by regulating duty hours.
- (vi) Improving living conditions for troops, providing adequate recreational/ entertainment, sports, communication facilities etc.
- (vii) Improving living conditions through provision of basic amenities/ facilities for troops and their families.
- (viii) Transparent policies pertaining to transfer and leave of CAPFs and AR personnel.
